

Avoid These List*

Avoid all the **TO Be Verbs**:

am, is, are
was, were
been, being, be

Also avoid:

go, went
has, have, had
say, says, said

*I am **not saying** “do not use them.” You need to use them, but limit their use.

Avoid these *nouns*:

things, stuff,

Avoid these *adjectives*:

big, pretty, little, nice, cool, fun, beautiful, cute, awesome,
happy, sad, good, bad

